TERBINAFINE (tablet)

ter-bin-ah-feen

What does it do?

Terbinafine is used to treat fungal infections of the skin and nails.

Before you start

- Tell your doctor if you have kidney or liver problems, or have a condition called psoriasis or lupus erythematosus.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *terbinafine* regularly as directed with food and a glass of water. Keep taking it until the course is finished.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Symptoms of liver problems including: yellow skin or eyes, itching, dark urine, pale bowel motions, abdominal pain Reduced number of blood cells that fight infections or help your blood to clot - symptoms include: fever, chills, sore throat or generally feeling unwell, or easy or unusual bruising or bleeding Symptoms of a serious muscle problem such as: ongoing muscle weakness or pain, dark urine	Tell your doctor immediately
Hearing loss Changes in smell	Tell your doctor
Nausea, diarrhoea, indigestion Changes in taste Headache	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- You may not see an improvement until after you have finished all of your medicine.
- You will need regular blood tests while taking *terbinafine* to check if it is causing problems with your liver.