New Zealand Formulary
PATIENT INFORMATION

SULFASALAZINE

sul-fah-sal-ah-zeen

What does it do?

Sulfasalazine is used to treat and prevent inflammatory bowel diseases, such as ulcerative colitis and Crohn's disease, and some rheumatic conditions such as rheumatoid arthritis.

Before you start

- Tell your doctor if you have an allergy to 'sulfa' medicines, liver or kidney problems, trouble peeing, or G6PD deficiency.
- Tell your doctor if you have asthma, or have had problems with aspirin.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- *Sulfasalazine* can affect fertility in men. Discuss this with your doctor.

How should you take it?

Take *sulfasalazine* regularly as directed, with food and a glass of water.
Swallow the enteric coated (EC or EN) tablets whole.

What if you forget a dose?

Take the missed dose as soon as possible. If it is close to the time for your next dose, skip the missed dose and carry on as normal. Do not take two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Skin rash, skin peeling or blisters	Stop taking and see your doctor immediately
Symptoms of allergy including: skin rash, itching, swelling, trouble breathing Reduced number of blood cells that fight infections or help your blood to clot - symptoms include: fever, chills, sore throat or generally feeling unwell, or easy or unusual bruising or bleeding Symptoms of liver problems including: yellow skin or eyes, itching, dark urine, pale bowel motions, abdominal pain Severe stomach pain, nausea Chest pain Short of breath, persistent dry cough	Tell your doctor immediately
Pain, sores, or redness in mouth or on lips Nausea, vomiting	Tell your doctor
Dizziness, headache More sensitive to sunlight (sunburn or rash) Loss of appetite	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- You will need regular blood tests while taking *sulfasalazine* to check if it is causing problems with your liver, kidneys or blood.
- Protect yourself from too much sunlight while being treated with *sulfasalazine*. Always cover up and apply a thick layer of broad spectrum sunscreen (at least SPF 30) when outside. Do not use sunbeds.
- *Sulfasalazine* may make your tears, sweat and pee an orange-yellow colour – this is harmless. Avoid wearing soft contact lenses as they may become stained.
- You may not notice the effects of *sulfasalazine* straight away – it can take several weeks before you start to feel better.