



SIMVASTATIN

sim-va-sta-tin

What does it do?

Simvastatin is used to lower cholesterol. This helps to reduce the risk of heart attack, stroke and other related problems.

How should you take it?

Take *simvastatin* regularly as directed with a glass of water, usually at bedtime.

What if you forget a dose?

Take the missed dose if you remember on the same day. If not, skip the dose and carry on as normal. Do not take two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. St John's wort) or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Muscle aches and pains, dark urine	Tell your doctor immediately
Headache, dizziness Stomach upset, constipation Trouble sleeping	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Tell your doctor if you have kidney or liver problems.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- Grapefruit, grapefruit juice or sour/Seville oranges may react with *simvastatin*. Discuss with your pharmacist.