



MECLOZINE

mek-loh-zeen

What does it do?

Meclozine is used to treat and prevent motion sickness.

How should you take it?

Take *meclozine* as directed with a glass of water.

What if you forget a dose?

Should an occasional dose be missed it need not be taken later.

Can you take other medicines?

Some medicines available without a prescription may react with *meclozine* including:

- some antihistamines (may be in anti-allergy, anti-nausea and cough/cold medicines)
- other medicines that may cause drowsiness (e.g. pain-killers, anti-nausea and cough/cold medicines – ask your pharmacist)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Fast or irregular heartbeat	Tell your doctor immediately
Trouble peeing	Tell your doctor
Changes in vision Drowsiness, dizziness, restlessness, confusion Dry mouth Constipation	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Tell your doctor if you have liver, bowel, prostate, bladder or eye problems (glaucoma); or if you have ever had a seizure.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- *Meclozine* can impair your ability to do tasks such as driving or using machines. Alcohol makes this worse. Discuss your risk with your health professional. (search NZTA - Are you safe to drive?)