MACROGOL

mak-roe-gol

What does it do?

Macrogol is used to treat and prevent constipation.

Before you start

- Tell your doctor if you have a heart problem, or other stomach or bowel problems.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- If you have noticed a change in bowel habit that continues for longer than 2 weeks, talk to your doctor before taking *macrogol*.

How should you take it?

Dissolve each sachet in water as directed before taking.

What if you forget a dose?

If you take *macrogol* regularly and it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Some medicines available without a prescription may react with *macrogol* including:

- other laxatives – discuss this with your pharmacist
- anti-diarrhoea medicines such as loperamide (e.g. Imodium®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Stomach cramps, bloating, farting, diarrhoea	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Drink plenty of fluids while taking *macrogol*.
- To improve the taste, dissolved *macrogol* may be cooled.
- Do not use *macrogol* for longer than 1 week unless told to by your doctor.