



LOPERAMIDE

loh-peer-ah-mide

What does it do?

Loperamide is used to treat or prevent diarrhoea.

How should you take it?

Take *loperamide* as directed.

Take the capsules and tablets with a glass of water.

Place the orodispersible tablets on your tongue to dissolve before swallowing.

Measure the liquid carefully with an oral syringe or measuring spoon.

What if you forget a dose?

Should an occasional dose be missed it need not be taken later.

Can you take other medicines?

Some medicines available without a prescription may react with *loperamide* including:

- laxatives (e.g. Laxsol®)
- anti-nausea medicines such as meclozine (e.g. Sea-legs®) and prochlorperazine (e.g. Buccastem®)
- antihistamines (also found in anti-allergy and cold/flu medicines)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. aloe) or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Stomach cramps, nausea, farting Dry mouth	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Tell your health professional if you have bowel or stomach problems.
- Tell your health professional if you are pregnant, planning to become pregnant, or breastfeeding.
- Tell your health professional if you have phenylketonuria (PKU). The *loperamide* orodispersible tablet may contain aspartame (a source of phenylalanine).
- Do not take more than the stated dose. For adults this is usually up to a maximum of 8 tablets/capsules in 24 hours.