



GABAPENTIN

gab-ah-pen-tin

What does it do?

Gabapentin is used to treat and prevent some types of pain and seizures.

How should you take it?

Take *gabapentin* regularly as directed with a glass of water.

What if you forget a dose?

Take the missed dose as soon as possible and continue as directed.

Can you take other medicines?

Some medicines available without a prescription may react with *gabapentin* including:

- anti-sickness medicines (e.g. Sea-legs®)
- some antihistamines (may be in anti-allergy, anti-nausea and cough/cold medicines)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. ginkgo) or recreational drugs (e.g. ecstasy).

What side effects might you notice?

| Side Effects | Recommended action |
|---|---|
| Skin rash, skin peeling or blisters | Stop taking and see your doctor immediately |
| Suicidal thoughts Swollen lips, tongue, throat or face | Tell your doctor immediately |
| Changes in vision Confusion, loss of co-ordination/walking or handwriting problems, memory loss, mood changes, tremor, trouble concentrating | Tell your doctor |
| Dizziness, drowsiness, headache Tiredness or weakness, muscle aches and pains Swollen feet or legs Change of appetite, weight gain, dry mouth Impotence | Tell your doctor if troublesome |
| Stomach upset | Take with food |

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Tell your doctor if you have kidney problems.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- *Gabapentin* can impair your ability to do tasks such as driving or using machines. Alcohol makes this worse. Discuss your risk with your health professional. (search NZTA - Are you safe to drive?)
- Do not stop taking *gabapentin* without talking to your doctor first, unless you have a skin rash (see Side Effects).