DOCUSATE AND SENNOSIDE B

dok-yoo-sate and sen-o-side bee

What does it do?

Docusate and *sennoside B* is used to treat and prevent constipation.

Before you start

- Tell your doctor if you have other stomach or bowel problems.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- If you have noticed a change in bowel habit that continues for longer than 2 weeks, talk to your doctor before taking *docusate* and *sennoside B*.

How should you take it?

Take *docusate* and *sennoside B* as directed with a glass of water.

What if you forget a dose?

If you take *docusate* and *sennoside B* regularly and it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Some medicines available without a prescription may react with *docusate* and sennoside b including:

- anti-diarrhoea medicines such as loperamide (e.g. Imodium®)
- other laxatives – discuss this with your pharmacist

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Stomach cramps, diarrhoea	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Do not use *docusate* and *sennoside B* for longer than 1 week unless told to by your doctor.
- Sennoside B may make your pee and bowel motions an orange-red colour - this is harmless.
- Drink plenty of fluids while taking *docusate* and *sennoside B*.