



COLCHICINE

kol-chi-seen

What does it do?

Colchicine is used to treat and prevent gout attacks. It is sometimes used for other conditions.

How should you take it?

Take *colchicine* as directed with a glass of water.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Some medicines available without a prescription may react with *colchicine* including:

- fluconazole (e.g. Diflucan®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. St John's wort) or recreational drugs.

What side effects might you notice?

| Side Effects | Recommended action |
|---|---|
| Diarrhoea Nausea, vomiting, stomach pain Skin rash, itching Reduced number of blood cells that fight infections or help your blood to clot - symptoms include: fever, chills, sore throat or generally feeling unwell, or easy or unusual bruising or bleeding | Stop taking and see your doctor immediately |
| Tingling or numbness Muscle weakness | Tell your doctor |
| Hair loss or thinning, loss of appetite | Tell your doctor if troublesome |

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Tell your doctor if you have kidney, liver, heart, blood, muscle or stomach problems, or bowel disease.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- *Colchicine* can affect fertility – discuss this with your doctor.
- If you are taking *colchicine* for a gout attack, do not take more than the maximum total dose advised by your doctor. If you have taken *colchicine* in the last 3 days, do not start another course. Discuss with your doctor.
- Grapefruit, grapefruit juice or sour/Seville oranges may react with *colchicine*. Discuss with your pharmacist.