# NEFOPAM

*nef-oh-pam*

## What does it do?

*Nefopam* is used to relieve pain.

## Before you start

- Tell your doctor if you have liver or kidney problems, narrow angle glaucoma, or if you have ever had a seizure.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

## How should you take it?

Take *nefopam* as directed with a glass of water.

## What if you forget a dose?

If *nefopam* is taken regularly, take the missed dose as soon as possible. If it is close to the time for your next dose, skip the missed dose and carry on as normal. Do not take two doses at the same time.

## Can you take other medicines?

Some medicines available without a prescription may react with *nefopam* including:

- sedating antihistamines (e.g. Phenergan®)
- cough suppressants (e.g. Duro-Tuss®, Benadryl Dry Forte®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. St John's wort) or recreational drugs.

## What side effects might you notice?

| Side Effects | Recommended action |
|---|---|
| Change in heartbeat, chest pain<br>Swollen lips, tongue, throat or face<br>Seizures | Tell your doctor immediately |
| Constipation<br>Fainting, confusion, agitation, hallucinations | Tell your doctor |
| Drowsiness, tiredness or weakness<br>Nausea, stomach upset, dry mouth<br>Changes in vision<br>Trouble peeing, change in urine colour<br>Sweating | Tell your doctor if troublesome |

If you notice any other effects, discuss them with your doctor or pharmacist.

## Other information:

- If *nefopam* is not relieving your pain contact your doctor.
- *Nefopam* can impair your ability to do tasks such as driving or using machines. Alcohol makes this worse. Discuss your risk with your health professional. (search NZTA - Are you safe to drive?)