PANCREATIN

pan-kree-a-tin

What does it do?

Pancreatin helps food digestion by replacing the enzymes usually made by the pancreas.

Before you start

- Tell your doctor if you are allergic to pork, have stomach or bowel problems, or have had kidney stones or pancreatitis.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *pancreatin* as directed with each meal or snack, and a glass of water. You can swallow the capsules whole, or open and sprinkle the beads on soft foods. Do NOT crush or chew the beads.

What if you forget a dose?

Should an occasional dose be missed it need not be taken later.

Can you take other medicines?

Some medicines available without a prescription may react with *pancreatin* including:

- antacids (e.g. Mylanta®) - do not take these within two hours of taking *pancreatin*.

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Skin rash, itching Trouble breathing Trouble peeing, pain when peeing	Tell your doctor immediately
Stomach upset Sore or itchy eyes Sore mouth	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Avoid sprinkling the contents of capsules onto dairy products.