VALACICLOVIR

val-ay-sye-kloe-veer

What does it do?

Valaciclovir is used to treat and prevent viral infections such as herpes and shingles.

Before you start

- Tell your doctor if you have kidney problems, or have ever had a seizure.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *valaciclovir* regularly as directed with a glass of water. Keep taking it until the course is finished, even if you start to feel better.

What if you forget a dose?

Take the missed dose as soon as possible and continue as directed.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Seizures Reduced number of blood cells that help your blood to clot - symptoms include: easy or unusual bruising or bleeding	Tell your doctor immediately
Confusion	Tell your doctor
Headache, tiredness or weakness More sensitive to sunlight (sunburn or rash) Abdominal pain Nausea, vomiting, diarrhoea	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Drink plenty of fluids while taking *valaciclovir*.
- Protect yourself from too much sunlight while being treated with *valaciclovir*. Always cover up and apply a thick layer of broad spectrum sunscreen (at least SPF 30) when outside. Do not use sunbeds.