

## FLUOXETINE

*floo-ox-eh-teen*

### He aha te mahi?

Whakamahia ai te *fluoxetine* hei whakamaimoa i te pāpouri, me ētahi atu mate i ētahi wā.

### I mua i to tīmata

- Me kōrero atu ki tō rata mēnā he raruraru toto tōu, he mate bipolar, mēnā rānei i pā mai he rehu ohotata ki a koe i mua.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.
- Ka whakahārehēria pea e tō rata he whakamātautau manawa (ECG) i mua i tō tīmatanga, ā, i a koe e kai ana i te *fluoxetine*.

### Me pēhea te kai?

Me kai i te *fluoxetine* e ai ki ngā tohutohu. Ka taea tēnei te kai i te taha o te kai, kāore rānei.

Pire rango: Me kīnaki ki te inu wai.

Pire meha: Me kīnaki ki te inu wai. Ka taea anō te whakameha i rō wai i mua i te kai.

Wē: Me āta īne mā tētahi pūwero, pune īne rānei.

### Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Mēnā kua tata ki te wā mō tō horopeta whai ake, me waiho te horopeta i tāhapa ka kai i tō kai horopeta whai ake hei taua wā anō. Tērā rānei, me kai te horopeta i tāhapa ina maumahara koe. Kaua rawa e kai i ngā horopeta e rua i te wā kotahi.

### Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā ehara i te ōta rongoā ki te *fluoxetine*, pērā i īnei:

- ngā pire īrai-whakakā, pērā i te didofenac (hei tauira, Voltaren®), ibuprofen (hei tauira, Nurofen®), aspirin rānei (hei tauira, Disprin®, kei ngā horopeta whakamauru mamae). Ka kitea īnei i roto i ētahi rongoā revharewha me te whurū (hei tauira, Nurofen Cold me te Flu®)
- aspirin horopeta-iti (hei tauira, Cartia®)
- ētahi rongoā mō te māhunga īniri, pērā i te sumatriptan (hei tauira, Sumagran Active®)

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota (hei tauira, St John's wort), ngā whakapōauau rānei (hei tauira, ecstasy).

### He aha ngā hua kino ka rongo pea koe?

Ngā Hua Kino	Tūtohutanga hei whai
Ngā whakaaro whakamate Tāporepore Hukihuki, wīwīwī rānei ngā uaua tē taea e koe te pupuri, pōraruraru, nui te heke werawera, kīrikā Rehu ohotata	Me wawe te kōrero atu ki tō rata
Anipā, kārangī He māmā, hé rerekē rānei te marū, ka toto noa rānei	Me kōrero atu ki tō rata
Whakapairuaki, ruaki, mate tikotiko, kua kore e hiakai, waha maroke Hiamoe, raruraru te moe, ngenge, ngoikore rānei, hītakotako Pōaitinītini, īniri māhunga, heke werawera Kua heke te hiahia, kei tē raruraru rānei te ai	Me kōrero atu ki tō rata mēnā kei te mamae

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

### Ētahi atu mōhiohio:

- Ka whakawaiamaeo pea te *fluoxetine* i tō kaha ki te mahi i ngā mahi noa pērā i te taraiwa, te whakamahi mīhini rānei. Ka hē kē atu i te waipiro. Me kōrero mō tō mōrea me tō mātanga hauora. (rapu i NZTA – Are you safe to drive?)
- Ka pau pea ētahi wīkī kia mahi ai te *fluoxetine*.
- Kaua rawa e mutu te kai *fluoxetine* me kōrero ki tō rata i te tuatahi.