Te Whatu Ora
Health New Zealand
Waitaha Canterbury

RALOXIFENE

ra-lox-ih-feen

What does it do?

Raloxifene is used to treat or prevent osteoporosis (weak bones) in women who have been through menopause. It helps to make your bones stronger and less likely to break. *Raloxifene* is also used to help lower the chances of breast cancer in women who have a high risk.

Before you start

- Tell your doctor if you have ever had a stroke, 'mini-stroke' or blood clot, or if you have not been through menopause.

How should you take it?

Take *raloxifene* regularly as directed with a glass of water.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Symptoms of a blood clot including: sudden shortness of breath, swelling or pain in one leg Symptoms of a stroke including: sudden weakness of the face, arm or leg, especially on one side, face drooping, sudden changes in vision or speech, sudden loss of balance	Tell your doctor immediately
Hot flushing Joint, muscle or bone aches and pains Swollen feet or legs Flu-like symptoms (fever, chills, aches and pains)	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.