Te Whatu Ora
Health New Zealand
Waitaha Canterbury

CLINDAMYCIN

klin-da-my-sin

What does it do?

Clindamycin is an antibiotic used to treat and prevent bacterial infections.

Before you start

- Tell your doctor if you have ever had severe diarrhoea (C. difficile) due to antibiotics.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *clindamycin* regularly as directed with a large glass of water. You can take it with or without food. Keep taking it until the course is finished, even if you start to feel better.

Clindamycin can damage your oesophagus (food pipe). To avoid this, swallow the capsule whole with a large glass of water. Do not crush or chew it. Stay upright for at least 30 minutes after taking a dose.

What if you forget a dose?

Take the missed dose as soon as possible and continue as directed.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Trouble swallowing, chest pain, indigestion or heartburn (new or getting worse)	Tell your doctor immediately
Severe or persistent diarrhoea, abdominal pain	Tell your doctor
Stomach upset	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.