Te Whatu Ora
Health New Zealand
Waitaha Canterbury

MICONAZOLE AND HYDROCORTISONE (skin cream)

my-kon-ah-zole and hye-dro-kor-ti-sone

What does it do?

Miconazole and *hydrocortisone* cream is used to treat skin infections.
It contains an antifungal (*miconazole*) to kill fungi and a mild steroid (*hydrocortisone*) to treat inflammation.

Before you start

- Tell your health professional if you are pregnant, planning to become pregnant, or breastfeeding.

How should you use it?

Wash your hands, then apply to the affected area as directed and rub in gently. Wash your hands again after applying the cream, unless your hands are the affected area.

You need to keep using an antifungal cream (*miconazole*) for 10 days after the infection has got better. This will help stop the infection from coming back again. *Miconazole* and *hydrocortisone* cream should only be used for 2 weeks because it contains a steroid. If the affected area is no longer inflamed after 2 weeks but you still need to finish the treatment, continue with an antifungal cream which does not contain a steroid.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and apply your next dose at the usual time. Otherwise, apply the missed dose as soon as you remember. Do not apply two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Miconazole and *hydrocortisone* is unlikely to cause any side effects. If you notice any symptoms you are concerned about, discuss them with your doctor or pharmacist.

Other information:

- Take care not to get *miconazole* and *hydrocortisone* in your eyes or mouth. If you get any in your eyes, rinse well with water straight away.
- If you are applying *miconazole* and *hydrocortisone* to your genitals, latex condoms and diaphragms might be affected. Discuss this with your health professional.
- Only use *miconazole* and *hydrocortisone* on the affected area of skin you have been given it for. Using it on other skin conditions may make them worse.