ORPHENADRINE
or-fen-ah-dreen

What does it do?
Orphenadrine is used to treat and prevent the symptoms of Parkinson’s disease, muscle pain and sometimes other conditions.

How should you take it?
Take orphenadrine regularly as directed with a glass of water.

What if you forget a dose?
Take the missed dose as soon as possible. If it is close to the time for your next dose, skip the missed dose and carry on as normal. Do not take two doses at the same time.

Can you take other medicines?
Some medicines available without a prescription may react with orphenadrine including:
- antihistamines (also found in anti-allergy and cold/flu medicines)
- anti-nausea medicines (e.g. prochlorperazine, hyoscine (e.g. Scopoderm TTS®), meclozine (e.g. Sea-legs®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

<table>
<thead>
<tr>
<th>Side Effects</th>
<th>Recommended action</th>
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</thead>
<tbody>
<tr>
<td>Fast or irregular heartbeat Hallucinations, unusual behaviour or thinking Eye pain</td>
<td>Tell your doctor immediately</td>
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<tr>
<td>Memory problems, confusion, nervousness Trouble peeing Trouble swallowing Fever</td>
<td>Tell your doctor</td>
</tr>
<tr>
<td>Drowsiness, dizziness Constipation, nausea, vomiting Dry mouth Decreased sweating, heat stroke Blurred vision, eyes sensitive to light</td>
<td>Tell your doctor if troublesome</td>
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</tbody>
</table>

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:
- Tell your doctor if you have heart, blood pressure, liver, stomach, bowel or mental health problems (such as depression).
- Tell your doctor if you have trouble peeing, glaucoma, tardive dyskinesia, or a chronic muscle condition (e.g. myasthenia gravis).
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- Orphenadrine can impair your ability to do tasks such as driving or using machines. Alcohol makes this worse. Discuss your risk with your health professional. (search NZTA - Are you safe to drive?)
- Do not stop taking orphenadrine suddenly. Discuss this with your doctor.