Te Whatu Ora
Health New Zealand
Waitaha Canterbury

# METOCLOPRAMIDE

*met-oh-kloe-pra-mide*

## What does it do?

*Metoclopramide* is used to treat and prevent nausea and vomiting. It is also sometimes used for other conditions.

## Before you start

- Tell your doctor if you have liver, kidney or bowel problems.
- Tell your doctor if you have Parkinson's disease (or any other movement disorder), if you have ever had a seizure, or if you have experienced abnormal body movements with any other medicine.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

## How should you take it?

Take *metoclopramide* as directed with a glass of water.

## What if you forget a dose?

Should an occasional dose be missed it need not be taken later.

## Can other medicines be taken?

Some medicines available without a prescription may react with *metoclopramide* including:

- some antihistamines (may be in anti-allergy, anti-nausea and cough/cold medicines)
- prochlorperazine

Tell your pharmacist or doctor about all medicines or treatments that your child may be taking, including vitamins, herbal products or recreational drugs.

## What side effects might you notice?

| Side Effects | Recommended action |
|---|---|
| Face or neck muscle spasm, unusual eye movements<br>Feeling restless, strange or uncontrolled movements, tremor, stiffness<br>Fast or irregular heartbeat | Tell your doctor immediately |
| Dizziness, headache, drowsiness, tiredness, weakness, trouble sleeping<br>Sore or enlarged breasts, breastmilk production | Tell your doctor if troublesome |

If you notice any other effects, discuss them with your doctor or pharmacist.

## Other information:

- *Metoclopramide* can impair your ability to do tasks such as driving or using machines. Alcohol makes this worse. Discuss your risk with your health professional. (search NZTA - Are you safe to drive?)