TIOTROPIUM AND OLODATEROL

tee-oh-troe-pee-um and ol-oh-dat-er-ol

What does it do?

Tiotropium and *olodaterol* is used to treat symptoms of COPD. It opens narrowed airways in the lungs making it easier to breathe.

Before you start

- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you use it?

Inhale *tiotropium* and *olodaterol* regularly using the Respimat® device as directed by your healthcare professional. It works best when you use it every day.

If you need quick relief from breathing problems, use your 'reliever' medicine (e.g. salbutamol or terbutaline).

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and inhale your next dose at the usual time. Otherwise, inhale the missed dose as soon as you remember. Do not inhale two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Symptoms of a fast or irregular heartbeat including: fluttering, pounding or pain in your chest, dizziness or fainting	Tell your doctor immediately
Shaking, muscle cramps Dry mouth	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Take care not to get the spray from your *tiotropium* inhaler into your eyes. If this happens, rinse your eyes thoroughly with water.
- Using inhalers can very rarely make breathing worse. Discuss this with your healthcare professional.