# PRAVASTATIN

*pra-va-stat-in*

## What does it do?

*Pravastatin* is used to lower cholesterol. This reduces your chance of having a stroke, heart attack, and other related problems.

## Before you start

- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

## How should you take it?

Take *pravastatin* regularly as directed with a glass of water, usually at bedtime. You can take it with or without food.

## What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

## Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

## What side effects might you notice?

| Side Effects | Recommended action |
|---|---|
| Symptoms of a serious muscle problem such as: ongoing muscle weakness or pain, dark urine | Tell your doctor immediately |
| Muscle weakness or pain | Very rarely, this can be serious – check with your doctor |

If you notice any other effects, discuss them with your doctor or pharmacist.