FELODIPINE

fel-oh-di-peen

He aha te mahi?

Whakamahia ai te *felodipine* hei whakamaimoa i te toto pōrutu me te uma tino mamae mā te whakangohe i ngā ia toto. Whakamahia ai i ētahi wā mō ētahi atu mate.

I mua i to tīmata

- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.

Me pēhea te kai?

Me kai te *felodipine* e ai ki ngā tohutohu me tētahi inu wai. Ka taea tēnei te kai i te taha o te kai, kāore rānei. Ngā pire tuku pōturi: Horopukuna ngā pire - kaua rawa e kopenu, e ngangau rānei.

Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Mēnā kua tata ki te wā mō tō horopeta whai ake, me waiho te horopeta i tāhapa ka kai i tō kai horopeta whai ake hei taua wā anō. Tērā rānei, me kai te horopeta i tāhapa ina maumahara koe. Kaua rawa e kai i ngā horopeta e rua i te wā kotahi.

Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā ehara i te ōta rongoā ki te *felodipine*, pērā i ēnei:

- ngā pire ārai-whakakakā, pērā i te diclofenac (hei tauira, Voltaren®), ibuprofen (hei tauira, Nurofen®), aspirin rānei (hei tauira, Disprin®, kei ngā horopeta whakamauru mamae). Ka kitea ēnei i roto i ētahi rongoā rewharewha me te whurū (hei tauira, Nurofen Cold me te Flu®)

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota (hei tauira, St John's wort), ngā whakapōauau rānei.

He aha ngā hua kino ka rongo pea koe?

Ngā Hua Kino	Tūtohutanga hei whai
Uraura Ānini māhunga Ka pupuhi ngā waewae Ka mamae te puku	Me kōrero atu ki tō rata mēnā kei te mamae
Ko ngā tohumate o te toto pūroto pērā i te pōātinitini, tāporepore rānei	Me āta tū ake. Mēnā kei te pā tonu mai, he tino kino rānei me kōrero atu ki tō rata.

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

Ētahi atu mōhiohio:

- Ka tukituki pea te huakerepe, wai huakerepe rānei, ārangi kawa/Seville rānei ki te *felodipine*. Me kōrero ki tō kaitaka rongoā.
- Kaua rawa e mutu te kai *felodipine* me kōrero ki tō rata i te tuatahi.

I whakaritea e te Komiti MyMedicines i te Hōhipera o Ōtautahi, Te Whatu Ora - Waitaha, Aotearoa. Poutū-te-rangi 2023