TRANYLCYPROMINE

tran-il-sip-roe-meen

What does it do?

Tranylcypromine is used to treat depression, and sometimes other conditions.

Before you start

- Tell your doctor if you have bipolar disorder.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *tranylcypromine* regularly as directed with a glass of water. You can take it with or without food.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Some medicines available without a prescription may react with *tranylcypromine* including:

- cold and flu medicines containing oxymetazoline (e.g. Drixine®), phenylephrine (e.g. Sudafed PE®) or xylometazoline (e.g. Otrivin®)
- some migraine medicines, such as sumatriptan (e.g. Sumagran Active®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. St John's wort) or recreational drugs (e.g. ecstasy).

What side effects might you notice?

Side Effects	Recommended action
Suicidal thoughts Symptoms of very high blood pressure including: severe headache, blurred vision, nausea, short of breath, chest pain, feeling your heart skips a beat Muscle twitching or shaking you can't control, confusion, heavy sweating, fever	Tell your doctor immediately
Restlessness, anxiety	Tell your doctor
Dizziness, drowsiness, trouble sleeping Dry mouth Less interest in, or trouble having sex	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- While you are taking *tranylcypromine*, and for two weeks after stopping, you MUST not eat certain foods and alcohol. These may cause a very serious reaction and include: cheese, meat or yeast extracts (e.g. Marmite®, Vegemite®, Oxo®), pickled fish, broad bean pods, sauerkraut, salami and protein drinks. This list is a guide only – talk to your health professional.
- *Tranylcypromine* can impair your ability to do tasks such as driving or using machines. Alcohol makes this worse. Discuss your risk with your health professional. (search NZTA - Are you safe to drive?)
- If you are having surgery, it is important to tell your doctor that you are taking *tranylcypromine*.
- It may take a few weeks for *tranylcypromine* to start working.
- Do not stop taking *tranylcypromine* without talking to your doctor first.