

FLUOXETINE

floo-ox-eh-teen

He aha te mahi?

Whakamahia ai te *fluoxetine* hei whakamaimoa me te ārai i te pāpouri me ētahi atu mate i ētahi wā.

Me pēhea te kai?

Me kai i te *fluoxetine* e ai ki ngā tohutohu.

Me kīnaki ngā pire ki te inu wai.

Whakamemehatia ngā pire meha ki rō karāhe wai i mua i te horomi.

Āta inea te wē mā tētahi pūwero, pune ine rānei.

Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Me wawe tonu te kai i te horopeta. Mēnā he tata ki te wā mō tō horopeta whai ake, me waiho noa te mea kua tāhapa, ā, ka haere tonu anō. Kaua rawa e kai i ngā horopeta e rua i te wā kotahi.

Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā ehara i te ota rongoā ki te *fluoxetine*, pērā i ēnei:

- ngā pire ārai-whakakakā, pērā i te diclofenac (hei tauira, Voltaren®), ibuprofen (hei tauira, Nurofen®), aspirin rānei (hei tauira, Disprin®, kei ngā horopeta whakamauru mamae). Ka kitea ēnei i roto i ētahi rongoā rewharewha me te whurū (hei tauira, Nurofen Cold me te Flu®)
- aspirin horopeta-iti (hei tauira, Cartia®)
- ngā rongoā rewharewha me te whurū, kei roto ko te dextromethorphan (hei tauira, Robitussin Dry Cough Forte®)
- ētahi rongoā mō te māhunga ānini, pērā i te sumatriptan (hei tauira, Sumagran Active®), zolmitriptan (hei tauira, Zomig®)

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota (hei tauira, St John's wort), ngā whakapōauau rānei (hei tauira, ecstasy).

He aha ngā hua kino ka rongo pea koe?

Ngā Hua Kino	Tūtohutanga hei whai
Ngā whakaaro whakamate Kapa manawa tere, pokapoka rānei, tāporepore Hukihuki, wiriwiri rānei ngā uua tē taea e koe te pupuri, pōraruraru, nui te heke werawera, kirikā	Me wawe te kōrero atu ki tō rata
Anipā, kārangī	Me kōrero atu ki tō rata
Whakapairuaki, ruaki, mate tikotiko, waha maroke, mamae puku, rerekē te hiakai, taumaha rānei Hiamoe, pōātinitini, ānini māhunga, raruraru te moe, hītakotako, ngoikore Kua rerekē te āhua ai, kua rerekē te mate wahine	Me kōrero atu ki tō rata mēnā kei te mamae

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

Ētahi atu mōhiohio:

- Me kōrero atu ki tō rata mēnā raruraru he manawa, ate, toto rānei ōu, mate bipolar, mēnā rānei i pā mai te rehu ohotata.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.
- Ka whakahaerehia pea e tō rata he whakamātautau manawa (ECG) i mua i tō tīmatanga, ā, i a koe e kai ana i te *fluoxetine*.
- Ka whakawaimaero pea te *fluoxetine* i tō kaha ki te mahi i ngā mahi noa pērā i te taraiwa, te whakamahi mīhini rānei. Ka hē kē atu i te waipiro. Me kōrero mō tō mōrea me tō mātanga hauora. (rapu i NZTA – Are you safe to drive?)
- Ka pau pea ētahi wiki kia mahi ai te *fluoxetine*.
- Pā mai ai te anipā i ngā wiki tuatahi o te whakahaumanutanga, engari ko te tikanga ka pai haere ake. Me kōrero ki tō rata.
- Ki te hē haere kē atu tō pāpouri, me haere ki tō rata.
- Kaua rawa e mutu te kai *fluoxetine* me kōrero ki tō rata i te tuatahi.

He mōhiohio hira kei roto i tēnei mātārere, engari ehara koinei ngā mōhiohio katoa mō tēnei rongoā.
He mea whakarite mai e te Komiti PIL i Te Hōhipera o Waitaha, Te Poari Hauora o Waitaha, Aotearoa. Haratua 2021