LOLA (L-ornithine-L-aspartate)

loh-lah

What does it do?

LOLA is used to reduce confusion caused by liver disease (hepatic encephalopathy). It reduces the amount of ammonia (a toxin) in your body.

Before you start

- Tell your doctor if you have kidney problems.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *LOLA* regularly as directed. Mix the contents of the sachet(s) in a glass of water, tea or juice and then swallow the liquid.

What if you forget a dose?

Take the missed dose as soon as you remember. If it is close to the time for your next dose, skip the missed dose and carry on as normal. Do not take two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

LOLA is unlikely to cause any side effects. If you notice any symptoms you are concerned about, discuss them with your doctor or pharmacist.

Other information:

- *LOLA* is not registered for use in New Zealand. Discuss with your doctor.