# TICAGRELOR

*tye-ka-grel-or*

## He aha te mahi?

Whakamahia ai te *ticagrelor* kia kore ai e tepetepe ō toto. Ka whakaiti tēnei i te tūpono pā mai o tētahi manawa-hē.

## I mua i to tīmata

- Me kōrero atu ki tō rata mēnā he raruraru whakahā ōu, ate, he raruraru toto, he mate kauti rānei.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.

## Me pēhea te kai?

Me kai te *ticagrelor* e ai ki ngā tohutohu me tētahi inu wai. Ka taea tēnei te kai i te taha o te kai, kāore rānei.

## Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Mēnā kua tata ki te wā mō tō horopeta whai ake, me waiho te horopeta i tāhapa ka kai i tō kai horopeta whai ake hei taua wā anō. Tērā rānei, me kai te horopeta i tāhapa ina maumahara koe. Kaua rawa e kai i ngā horopeta e rua i te wā kotahi.

## Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā ehara i te ōta rongoā ki te *ticagrelor*, pērā i ēnei:

- ngā pire ārai-whakakakā, pērā i te diclofenac (hei tauira, Voltaren®), ibuprofen (hei tauira, Nurofen®), aspirin rānei (hei tauira, Disprin®, kei ngā horopeta whakamauru mamae). Ka kitea ēnei i roto i ētahi rongoā rewharewha me te whurū (hei tauira, Nurofen Cold me te Flu®)

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota (hei tauira, St John's wort), ngā whakapōauau rānei.

## He aha ngā hua kino ka rongo pea koe?

| Ngā Hua Kino | Tūtohutanga hei whai |
|---|---|
| Kua iti ake ngā pūtau toto ka āwhina kia tepetepe ō toto – ko ētahi tohumate: he māmā, he rerekē rānei te toto<br>Maremare, ruaki rānei i te toto, he rite te ruaki ki ngā korakora kawhe<br>Ka toto te ihu<br>He whero, pōuri rānei te mimi, he whero, pango rānei te hamuti<br>Ānini māhunga, pōātinitini, ka rerekē te kite, tē kōrero rānei | Me wawe te kōrero atu ki tō rata |
| Hēmanawa<br>He māmā, he rerekē rānei te marū | Me kōrero atu ki tō rata |

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

## Ētahi atu mōhiohio:

- He mea nui kia kōrero atu koe ki te hunga tuku whakamaimoatanga hauora, hauora niho rānei (hei tauira, rata, rata niho, kaitaka rongoā, rata take waewae rānei) kei te kai *ticagrelor*.
- Ka tukituki pea te huakerepe, wai huakerepe rānei, ārangi kawa/Seville rānei ki te *ticagrelor*. Me kōrero ki tō kaitaka rongoā.