

## MIDODRINE

*my-doe-dreen*

### What does it do?

*Midodrine* is used to treat and prevent low blood pressure.

### Before you start

- Tell your doctor if you have heart, kidney, liver, thyroid or bladder problems, or have glaucoma, or have had a stroke or 'mini-stroke'.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

### How should you take it?

Take *midodrine* as directed with a glass of water. Do not take within four hours of going to bed.

### What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

### Can you take other medicines?

Some medicines available without a prescription may react with *midodrine* including:

- some antihistamines (may be in anti-allergy, anti-nausea and cough/cold medicines)
- prochlorperazine
- caffeine (No-Doz®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. guarana) or recreational drugs.

### What side effects might you notice?

| Side Effects  | Recommended action  |
|---|---|
| Trouble peeing<br>Blurred vision, eye pain  | Tell your doctor  |
| Flushing, goosebumps, chills<br>Tingling or numbness<br>Peeing more often<br>Nausea, indigestion, dry mouth, mouth ulcers | Tell your doctor if troublesome                               |
| Fast heartbeat<br>Pounding in ears, headache  | Tell your doctor if troublesome - sleep with your head raised |

If you notice any other effects, discuss them with your doctor or pharmacist.

### Other information:

- Caffeine-containing beverages (eg coffee, cola) may alter the effectiveness of *midodrine* - discuss with your doctor.