GLYCERYL TRINITRATE (patch)

glis-er-ril try-nye-trate

What does it do?

Glyceryl trinitrate patches are used to prevent angina and sometimes other conditions. They relax the blood vessels, allowing more blood to flow to the heart.

Before you start

- Tell your doctor if you have a history of fainting, or sometimes feel lightheaded.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you use it?

Use *glyceryl trinitrate* patches regularly as directed. Apply the patch to a clean, hairless area of skin at the same time each day. Remove the patch about 16 hours later and wait at least 8 hours before applying a new patch. Apply the new patch to a different area of skin, to prevent skin irritation. Do not cut the patch.

What if you forget a dose?

Apply the missed patch as soon as possible and remove it at the normal time.

Can you take other medicines?

Some medicines available without a prescription may react with *glyceryl trinitrate* including:

- sildenafil (e.g. Viagra®) or similar medicines. DO NOT use these medicines with *glyceryl trinitrate*. This can cause severe side effects.

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Fast heartbeat Fainting	Tell your doctor
Headache, flushing Lightheaded	Common when treatment begins - if side effects continue or are severe, tell your doctor.
Red or itchy skin where patch has been applied	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Taking alcohol and *glyceryl trinitrate* at the same time may increase side-effects.
- Some procedures (e.g. MRI scan) may overheat the patch and burn your skin. Discuss with your health professional before your procedure.
- Do not stop taking *glyceryl trinitrate* without talking to your doctor first.
- Dispose of *glyceryl trinitrate* patches by folding the patch in half with the sticky sides together. Make sure to dispose of it out of the reach of children.