New Zealand Formulary
PATIENT INFORMATION

UMECLIDINIUM

yoo-meh-kli-din-ee-um

What does it do?

Umeclidinium is used to treat symptoms of COPD. It opens narrowed airways in the lungs making it easier to breathe.

Before you start

- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you use it?

Inhale *umeclidinium* regularly as directed by your healthcare professional. It works best when you use it every day.

Only open the cover when you are ready to inhale the dose. If you do this more than once, you will only get one dose and the others will be lost.

If you need quick relief from breathing problems, use your 'reliever' medicine (e.g. salbutamol or terbutaline).

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and inhale your next dose at the usual time. Otherwise, inhale the missed dose as soon as you remember. Do not inhale two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor if you are taking any other medications and treatments, including vitamins, herbal supplements and recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Dry mouth	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Using inhalers can very rarely make breathing worse. Discuss this with your healthcare professional.