New Zealand Formulary
PATIENT INFORMATION

METOCLOPRAMIDE

met-oh-kloe-pra-mide

What does it do?

Metoclopramide is used to treat and prevent nausea and vomiting. It is also sometimes used for other conditions.

Before you start

- Tell your doctor if you have liver, kidney or bowel problems.
- Tell your doctor if you have Parkinson's disease (or any other movement disorder), if you have ever had a seizure, or if you have experienced abnormal body movements with any other medicine.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *metoclopramide* as directed with a glass of water.

What if you forget a dose?

Should an occasional dose be missed it need not be taken later.

Can other medicines be taken?

Some medicines available without a prescription may react with *metoclopramide* including:

- some antihistamines (may be in anti-allergy, anti-nausea and cough/cold medicines)
- prochlorperazine

Tell your pharmacist or doctor about all medicines or treatments that your child may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Face or neck muscle spasm, unusual eye movements Feeling restless, strange or uncontrolled movements, tremor, stiffness Fast or irregular heartbeat	Tell your doctor immediately
Dizziness, headache, drowsiness, tiredness, weakness, trouble sleeping Sore or enlarged breasts, breastmilk production	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- *Metoclopramide* can impair your ability to do tasks such as driving or using machines. Alcohol makes this worse. Discuss your risk with your health professional. (search NZTA - Are you safe to drive?)